



# St. Mary's & St. Peter's CE Primary School Newsletter



## Upcoming Dates

### February

19 <sup>th</sup>	INSET Day
20 <sup>th</sup>	Y3 Ancient Egypt Workshop
22 <sup>nd</sup>	Y5 Science Museum Trip
26 <sup>th</sup>	Girls' Football vs Stanley

### March

1 <sup>st</sup>	Y3 Friends' Movie
1 <sup>st</sup>	Y1 RHS Wisley Trip
1 <sup>st</sup>	Y5 Collective Worship
4 <sup>th</sup>	Y6 SATS and IoW Meeting
4 <sup>th</sup> - 8 <sup>th</sup>	Curriculum Week
12 <sup>th</sup>	Y5 Prom Praise
15 <sup>th</sup>	KS2 Bingo
15 <sup>th</sup>	World Book Day
21 <sup>st</sup>	Y2 - Flo on the Road
22 <sup>nd</sup>	Pre-School Cake Sale
26 <sup>th</sup>	Easter Pause Day
26 <sup>th</sup>	Y3 Church Service
26 <sup>th</sup> -28 <sup>th</sup>	Y4 Gordon Brown Centre
28 <sup>th</sup>	Last Day of Term

### April

19 <sup>th</sup>	Y2 Cake Sale
20 <sup>th</sup>	Friends' Mini Marathon
24 <sup>th</sup>	Y1 Polka Theatre
26 <sup>th</sup>	Y4 Collective Worship
26 <sup>th</sup>	Friends' Quiz Night

Dear Parents and Carers,

What a busy week in the run up to half term! We've had Safer Internet day, a Chinese dance workshop for Reception and the Eco Team have been busy planting shrubs along the field boundary.

With it being mental health awareness week, we have been sharing ideas about how we can look after our emotional health and wellbeing. Please click on [this link](#) to find out more.

Thank you to the Friends for organising a very successful fundraiser, 'School of DJ', and to those of you who danced the night away!

I would like to take this opportunity to thank the staff for their incredible hard work this half term and you for your continued support. We look forward to seeing the children back at school on Tuesday 20th February and wish you a happy and safe half term.

With warm wishes,  
Ms Helen Swain  
Headteacher

## Eco Team Plant New Trees

This week our wonderful Eco-Warriors planted saplings along the Church Road side of the field. We look forward to nurturing them and watching them grow.

"We planted trees today and it made me feel good."

"Planting trees was fun. I was able to put the compost next to the saplings."

*Elly and Max 4T*





## Year 5 Victorians

Firstly, we arrived at school dressed in a variety of Victorian costumes. It made us feel like real Victorians. Next, we stepped into the small hall where we were met by Charlie the Chimney Sweep. He told us about the harsh Victorian times. He taught us how the street children would trick wealthy people to get money for food. We learnt that a snow dropper was the Victorian name for someone who stole clothes from a washing line. Also, we made Victorian coins and got a chance to write with chalk and ink pens. It was so hard! It was the best experience, but I'm very glad I wasn't born in Victorian times.

*Rayan and Rosie (Year 5)*



## SPORTS:NEWS

### Swimming Gala

On Thursday, 12 swimmers from years 4, 5 and 6 represented SMSP at the Borough swimming gala at Pools on the Park in Richmond. It's a huge event with 600 swimmers competing across 4 galas. We had 12 schools in our section of the gala and our swimmers competed in individual events across each of the 4 strokes and in 5 relay events. The team did extremely well - out of the 12 schools they got placed 1-6 in 10 of the 12 individual events and 1-6 in all the relay events. The afternoon ended with a mixed relay final - the fastest 6 teams were chosen from the heats and we qualified ... and won! A great end to a great afternoon. We are waiting to hear where our school placed overall but the team should all be really proud of themselves and the effort and team spirit they showed.







ST MARY'S & ST PETER'S

# Achievers





# REPAIR CAFE Twickenham

## SATURDAY 17TH

### WE ARE OPEN

From 10:30 - 12:45

COME AND JOIN THE  
FUN AND MEET OUR  
WONDERFUL TEAM OF  
HAPPY REPAIR HEROS



and 3rd Saturday of each month at St Margarets Church Hall, TW11RL

[twickenhamrepaircafe.org](http://twickenhamrepaircafe.org)



@Twickrepaircafe

# My VOICE MATTERS

## TALKING TO YOUR CHILD ABOUT MENTAL HEALTH

### Are you a parent or carer who wants to talk to your child about mental health?

This Children's Mental Health Week we want all children and young people, whoever they are, and wherever they are in the world, to be able to say – and believe – "My Voice Matters".

We visited primary and secondary schools to ask students what they wanted from the week – to help shape the activities we create for schools, the messaging we give to teachers, the tips we give to other children, and the advice we give to parents, carers and families.

Place2Be's

CHILDREN'S  
MENTAL HEALTH  
WEEK



### LOOKING FOR FREE PRACTICAL ADVICE TO HELP YOU SUPPORT YOUR CHILD?

Parenting Smart, Place2Be's site for parents and carers, is full of expert advice and tips on supporting primary-age children, and managing their behaviour, and act on their views.

[PARENTINGSMART.ORG.UK](https://parentingsmart.org.uk)

### Here's what children and young people told us they need from you:

- ① We don't need to have 'one-off conversations about our mental health' – sometimes a chat on a journey or at bedtime is enough.
- ② I need to know it's okay to talk to you about any and all of my feelings. Please hear what I have to say, without interrupting me.
- ③ Please listen to me carefully and acknowledge how I am feeling – it might seem silly to you but what I am going through is important to me.
- ④ Playing with pets can make me feel better. Same with playing football, basketball or whatever type of sport I am into.
- ⑤ Don't compare my experiences to your own when you were a child.
- ⑥ Sometimes I just need you to listen and hear what I'm saying – I don't always need answers (or lectures)
- ⑦ Please don't worry about trying to fix things for me – I often just need to know you are there for me and understand what I am going through.
- ⑧ If you are open with me about your feelings, this can help me to be more open about mine.
- ⑨ Sometimes I don't want to talk. Please trust that I will come to you (or another grown-up or someone my own age) when I'm ready. Sometimes it's easier for me to talk to someone nearer my own age – my siblings, cousins, friends, younger teachers at school - because they 'get it'.
- ⑩ Sometimes a hug is all it takes to make me feel supported.



### WHAT MATTERS TO YOU? CREATIVE VIDEO ACTIVITIES FOR FAMILIES

These wellbeing activities can help children and young people think about and share what matters to them.

For primary children: [bit.ly/3PzCGI8](https://bit.ly/3PzCGI8)

For secondary children: [bit.ly/3LBD2wK](https://bit.ly/3LBD2wK)

[CHILDRENSMENTALHEALTHWEEK.ORG.UK](https://CHILDRENSMENTALHEALTHWEEK.ORG.UK)



# Rugby Camp

**February Half Term Camp**  
**Tag, Touch & Contact Rugby**

**13<sup>th</sup> – 15<sup>th</sup> February 2024**

**9 am – 3 pm**

**U5 – u16**

**Boys & Girls**

**All abilities Welcome**

**Open to Members & Non-members**

**Bring your own packed lunch**

**Clothes for all weather conditions**



**Richmond  
Rugby**

**Scan to book:**



**Email:**

**Communityteam@richmondrc.co.uk**

**Phone: 07436 542895**

**Location: Richmond Rugby,  
Twickenham Road, TW9 2SF**

