



St. Mary's & St. Peter's CE Primary School Newsletter



Upcoming Dates

January

23 rd	Y6 Church Visit
25 th	Girls' Football v. Sacred Heart
29 th	Y5 Victorian Workshop
30 th	Rugby Match vs TPA
30 th	Y3 Ancient Egypt Workshop

February

1 st	Friends' Y3 Movie
2 nd	Number Day
2 nd	Y3 Collective Worship
2 nd	Friends' School of DJ
6 th / 7 th	Parent Teacher Meetings
8 th	Richmond Singing Gala
8 th	Y6 Clergy Talk
9 th	Y6 Cake Sale
9 th	Last day of Half Term
19 th	INSET Day
22 nd	Y5 Science Museum Trip
23 rd	Dress to Express
29 th	Y5 Choir Rehearsal

March

1 st	Y1 RHS Wisley Trip
1 st	Y5 Collective Worship
4 th - 8 th	Curriculum Week
11 th - 13 th	Book Fair
12 th	Y5 Prom Praise
15 th	Friends' KS2 Bingo

Dear Parents and Carers,

We hope you enjoy reading these newsletters and that you find the information, news and events interesting and useful. If you don't already, please share them with your children, as it is nice for them to see what is going on across the school.

Hannah, from Art of Being Brilliant, has thoroughly enjoyed her time here with all the classes. The children have really engaged in the workshops, been very well-behaved and made lots of thoughtful contributions. Hannah will be doing a webinar for parents; more information to follow.

Thank you for your support and understanding during this particularly cold spell. We will certainly appreciate the milder temperatures forecast for next week.



With warm wishes,
Ms Helen Swain
Headteacher



'I learnt to be kind and positive.' - Oscar
(Year 5)

'I loved this valuable lesson, because it taught me a lot about wellbeing, being brilliant and resilience. It was also lots of fun as we played games and watched funny videos.' - Greta (Year 5)

'Afterwards I felt brilliant! Like I could do anything if I tried.' - Jenni (Year 5)

What makes you happy?
'When my mummy and daddy say they love me'
'When I get ice cream'
- Reception

What makes your teacher happy? 'When we make good choices' 'When we tell her good jokes' - Reception

V

O

C

A

B

L

A

B

lavish

adj. Sumptuous and luxurious
like a banquet for just one person

CAN YOU FIND A SYNONYM?
(WORD WITH THE SAME MEANING)

CAN YOU FIND AN ANTONYM?
(WORD WITH THE OPPOSITE MEANING)

CAN YOU USE THE WORD
IN A SENTENCE?



House Point Winners

Congratulations to Adelaide house who won the house points competition in the autumn term. Their prize is a mufti day next Friday 26th January. Well done to all the children who earned house points last term. Keep earning those points in this spring term!

RE Steering Group Meet Father David

In December, the RE Steering Group met with Rev David Cloake who is the new vicar at St Mary with St Alban. We wrote questions to ask him and then interviewed him when he visited. Here is what we found out:

If you weren't a priest, what would you be? Father David told us that he was in business and was good at it but he didn't enjoy it. He said that he will always be a priest but that he would be a teacher if he wasn't a vicar because it's the part of his job that he enjoys the most.

Why did you become a priest? Father David said that he had a 'calling' and this was something that he felt God wanted him to do.

How long have you been a priest? 16 years

Where did you work before you came to SMSP? He was a vicar in Whitton for 12 years before coming to Teddington. Before that, he was a curate at a church in Buckinghamshire.

What do you do as a priest? At the moment Father David is very busy. He runs the parish which involves organising volunteers, baptising people, marrying couples, taking funerals, leading services, coming into school, meeting the council and MPS. He attends lots of meetings and has lots of paperwork.

What's your favourite Bible story? This was a difficult question for Father David because there are lots of Bible stories that he likes! He particularly likes the Easter story.



When did you start believing in God? Father David doesn't remember a time that he didn't believe in God. His family didn't go to church but when he was about 4 years old, he said that he wanted to go and so his parents took him. He was baptised when he was 6. There have been lots of moments that he has said 'yes' to God.

If Jesus was alive what would you say to him? He told us that he would want to know what Jesus thought of the world today. He would also would like to ask him some tips about being a vicar!

What do you do in your free time? He makes sure that he spends time with his children and his wife. He does lots of walking often with his dog Doozer. He likes gliding, gaming on the iPad, gardening and loves cooking. He has a day off on Friday.

Do you like sport? Father David plays squash and is a qualified paragliding coach!

Do you have any children? He has 2 daughters who are 16 years old and are identical twins.

What's your favourite food? He likes steak and kidney pie with good rich mash. He really likes meat!

Do you shop at Tesco?

If so, please do not forget to ask for a token when paying and vote for SMSP! The project with the highest number of votes across the region will receive £1500. We are hoping to create a safe, sensory space in school for children to use when feeling big emotions.

Below are all the Tesco locations you can vote for us – and please spread the word - Thank you.

Barnes Express, SW13 9EW
Hampton Hill Express, TW12 1NL
Kew Garden Express, TW9 3PZ
St Margarets Express TW1 1RG
Richmond, TW9 1HY
Richmond Express, TW10 7NR
Teddington, TW11 8RF

Whitton High Street Express, TW2 7LN
Twickenham Whitton Road Express, TW1 1BJ
East Sheen Express, SW14 7NX
Mortlake Express, SW14 8AB
Richmond Kew Rd Express, TW9 2PQ
Twickenham London Express, TW1 4BW



Achievers



ELEVATE LIFE

Helping Young People to #BeOK



Wellbeing support groups that transform the lives and stories of young people.

WHAT WE DO

- Our #BeOK programmes are delivered through fun and interactive Elevate Hubs.
- Trained leaders use effective interventions & help young people learn coping strategies that promote wellness.
- Hubs provide safe and structured socialisation for like-minded peers through games and creative activities.

DETAILS

Tuesday evenings

4.30pm - 6.00pm

@ Kingston Library

Fairfield Rd

KT1 2PS

Starting January 2024

CONTACT US

SupportClubs@ElevateEleven.com
www.elevatelifeuk.org



UKRAINIAN WELLBEING SUPPORT GROUP

WHO ARE WE?

Elevate Life is an initiative of Discovery Trust, registered charity, that helps to transform the stories of those young people who struggle with anxiety, isolation and a range of other mental health issues.



OUR OUTCOMES

Young people will have:

- Coping strategies to deal with stress and anxiety.
- A greater sense of wellbeing through socialising with others who have similar experiences.
- A safe environment where they can have fun and be themselves.

RESETTLEMENT PROJECTS

- In 2022 we ran a programme specifically for hotel-based Afghan refugees in Kingston; this included physical games, wellbeing activities and language learning.
- The programme was run for a group of Ukrainian refugee children in Chertsey (2023)
- We are delivering the programme in an international school in Cambodia.

WHAT OUR SESSIONS INCLUDE

The Secondary Elevate Hub is designed to provide generalised therapeutic support for children and young people, loosely broken down into 5 key areas:

- Encouraging self-awareness
- Managing feelings
- Improving communication
- Building empathy
- Developing social skills

ACTIVITIES:

- Taskmaster activities
- Check in - highs and lows
- Mindfulness and relaxation
- Self-help strategies
- Actions for happiness
- Support for bereavement
- Talk time themes
- Fun and creative activities



www.elevatelifeuk.org

Celebrate Lunar
New Year in style!

CHINESE NEW YEAR ART & CRAFT FAMILY WORKSHOP

Enjoy creative family fun,
learn about Chinese arts
& culture, calligraphy and
paper crafting skills.



**Book your
Place!**

**Sun 4 Feb 2024,
2-3.30pm**

£20 1 Child +
1 Parent

£25 2 Child +
1 Parent

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ARTS CENTRE**
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#HALFTERM: Song writing & Music Production Camp



**2-Day Music Camp: Learn,
Create, Perform! Ages
11-18. Boost Confidence,
Unforgettable
Experience!**

**Book your
Place!**

**12th - 13th Feb
£110 Per Child**

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LET'S GET MESSY! Creative Club

Wed 14th & Fri 16th Feb, 9.30am-3.30pm

**1-Day Art
Workshops:
Explore, Create,
Have Fun! Ages
5-11. Join Now!**



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