



St Mary's and St Peter's C of E School

Nut Policy

We believe high standards of care and love are an integral part in the quality of teaching and learning across the whole curriculum. Our Christian vision of 'Life in all its fullness' is at the heart of our school and we believe that all within our community should be able to flourish and achieve their full potential.

SMSP is a **NUT FREE** school. As such, please do not send any products containing nuts or sesame in with your child.

We have a number of children with severe allergies so your co-operation is greatly appreciated. If KS2 children need a snack at break time this is only to be fruit. No products with wrappings please.

This policy applies to the following food brought onto school premises by pupils, staff and parents/carers:

- Cakes and biscuits for Friday cake sale;
- Cakes, baked goods, chocolates, mince pies and other foods supplied to summer BBQ and Christmas market for consumption on school premises and as prizes;
- Packed lunches to be eaten at school;
- Packed lunches and snacks to be eaten on school trips;
- Snacks to be eaten at school, between school and after school (onsite) activities;
- Snacks from home to be eaten on school site at pick-up time.

They must not include:

- Peanuts
- Almonds
- Hazelnuts
- Walnuts
- Cashew nuts
- Pecan nuts
- Brazil nuts
- Pistachio nuts
- Macadamia nuts
- Sesame seeds

Foods are permitted to include:

- Coconut
- Pine nuts (e.g. pesto). Please check that any pesto products do not contain **cashew nuts**.

Examples of foods not permitted (not exhaustive):

- Peanut butter
- Assorted chocolate boxes containing nuts
- Macaroons made with almonds
- Flapjacks with nuts
- Cereal bars with nuts
- Snickers bars
- Nutella
- Pesto containing cashew nuts
- Pralines
- Rocky road and brownies with nuts
- Bakewell slices/tarts (almonds)
- Topic bars

Safeguarding

St Mary's and St. Peter's school fully recognises its moral and statutory responsibility to safeguard and promote the welfare of all pupils and staff. Our Nut Policy is one of a range of documents which set out the safeguarding responsibilities of the school. We wish to create a safe, welcoming and vigilant environment for children and staff where they feel valued and are respected.