



# R.E- Judaism

## Shabbat



Shabbat is an exciting and important day that Jewish people look forward to all week. For Jewish people, Saturday is a special day, just like Sunday is special to Christians.

Shabbat happens every weekend, beginning on Friday evening, and ending Saturday evening. On Friday, families work hard to prepare food, clean their houses and lay their dining tables ready for Shabbat.

## Shabbat traditions



**Shabbat candles** are lit at the dinner table and a blessing is said to start Shabbat.



**Challah bread** is made and eaten at the Shabbat meal.



Family and friends get together to share the Shabbat meal.



Wine or grape juice is drunk from a **kiddush** cup.



Families visit a **synagogue** (Jewish place of worship).

## Key Vocabulary



The **Star of David** is the symbol of the Jewish community.



A **kippah** is a special cap worn by Jewish men and boys to show respect



A **tallit** is a special prayer shawl used by Jewish men to pray.



The **Torah** is the first part of the Jewish bible. It is a scroll written in Hebrew. Jewish people believe that the Torah shows how God wants Jews to live.



A **yad** is a hand-held pointing stick used to read the Torah as no one is allowed to touch the scroll.